



# INTERNATIONAL SHOOT BOXE FEDERATION

Kick Jitsu - Shoot Boxe - Ground and Pound

## **WORLD SHOOT BOXE, KICK JITSU AND GROUND & POUND CHAMPIONSHIP**

**Cairo – Egypt**

**23-24-25-26 February 2024**



**World Technical office**

Via Dei Materassai, 12/ - 57100 Livorno ITALY

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## INVITATION



Dear Sir/Madam,

We are pleased to invite you to the “Shoot Boxe, Kick Jitsu and Ground & Pound ( MMA ) World Championship”, which will be held from February 23 to 26, 2024.

This event will officially take place at the **Cairo International Stadium** and the accommodation will be **at Tulip Hotel - Nasr City, 10 minutes away from Cairo Stadium.**

**Departure distance between Cairo International Airport and our hotel is 15 minutes by car**

We cordially invite you to take part in this sports competition.

Best Regards

**Nabil Elnagdy**  
General Secretary  
of Egypt Shoot Boxe Committee  
Association

**Mohammed Sobih**  
President of Egyptian kickboxing Federation  
President of all Martial Arts

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## COMPETITION MANAGEMENT

The general management is carried out by Egypt Shoot Boxe Committee , General Secretary Nabil Mohammed Elnagdy  
[nabilelnagdy@yahoo.com](mailto:nabilelnagdy@yahoo.com) +2001005224639  
And Egyptian Kickboxing Federation, President Mohamed Sobih  
[k\\_sobih@yahoo.com](mailto:k_sobih@yahoo.com) +201000340700

## SCHEDULE OF EVENT

FRIDAY, 23

Arrival, technical meeting, weight control and drawing of the matches

SATURDAY, 24

In the morning referees' seminar on SHOOT BOXE, KICK JITSU and GROUND & POUND

14:00 start competitions Preliminary matches. Kick jitsu on tatami, Shoot Boxe and Ground & Pound in the cage.

SUNDAY, 25

10-00 Final match. Awarding of winners

MONDAY, 26

Departure

**Very Important: athletes who will fight on both Saturday and Sunday will have to repeat the weight control.**

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## VARIOUS INFORMATIONS

- The transfer cost per person to and from the airport is 40,00 dollars/euros, but it is possible to use taxis with moderate expense.
- Accommodation at Tulip Hotel – Nasr City, half board breakfast and dinner, in double room costs 60,00 dollars/euros per person.
- The registration for race is 40,00 dollars/euros for each style

**Registration deadline: 2<sup>th</sup> February**

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## REGISTRATION

Each participant, at the time of registration, must have the following documents:

- Passport or other identity document with a photo.
- Application for consent to participate in competitions, for minor athletes the application is filled out by parents.
- Medical documents
- The age of the participant of the competition is determined by the date of birth in the identity document of the athlete.

All registrations must be sent by email to:

[Secretary@isf.shootboxe.com](mailto:Secretary@isf.shootboxe.com)

[k\\_sobih@yahoo.com](mailto:k_sobih@yahoo.com)

Fill the attached excel file with following data:

- Name and surname
- Nationality
- Date of birth
- Sex
- Weight (please indicate the weight and not the category)
- Style or Styles ( it is possible compete in multiple styles )

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## VISA

Please note that a large number of countries can now apply for a visa electronically. It is very simple and fast.

**TEAMS NEEDING A VISA MUST SEND ASAP THE LIST OF PARTICIPANTS COMPLETE WITH PLACE AND DATE OF BIRTH, RESIDENCE, PASSPORT NUMBER, DATE OF ISSUE AND EXPIRY DATE.**

Please fill the application form for visa request and sent it to [k\\_sobih@yahoo.com](mailto:k_sobih@yahoo.com)

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## AGE CLASS AND WEIGHT CATEGORIES

### KICK JITSU

YANG CADET 10/12 old male and females: 28 – 32 – 37 – 42 – 47 – 53 - over

OLD CADET 13/15 old male: 42 – 47 – 52 – 57 – 63 – 69 – 76 – over

OLD CADET 13/15 old female: 42 – 46 – 50 – 55 – 60 – 65 – 71 - over

JUNIOR 16/18 old male: 56 – 60 – 65 – 71 – 78 – 86 – over

JUNIOR 16/18 old female: 50 – 55 – 61 – 68 – 76 - over

SENIOR 19/40 men: 56 -60 – 65 – 71 – 78 – 86 – 95 – 105 – over

SENIOR 19/40 women: 50 – 55 – 61 – 68 – 76 – over

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## SHOOT BOXE and GROUND & POUND

JUNIOR 16/18 old male: 56 – 60 – 65 – 71 – 78 – 86 – over

JUNIOR 16/18 old female: 50 – 55 – 61 – 68 – 76 - over

SENIOR 19/40 men: 56 -60 – 65 – 71 – 78 – 86 – 95 – 105 – over

SENIOR 19/40 women: 50 – 55 – 61 – 68 – 76 – over

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MASTER CLASS ( only kick jitsu ) Man 41/55 old: 65 – 71 – 78 – 86 – over

MASTER CLASS ( only kick jitsu ) Women old 41/55: 60 – 68 – 76 – over

We are waiting for you numerous, protagonists of this event in the name of sport and friendship.

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## **Attachments:**

- A – Registration form;
- B – Liability form for minors;
- C – Visa application form;
- D – Discharge of liability.

**Important: a copy must be given at the time of registration.**

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